



Events

Informal gatherings organized throughout the academic year in a friendly, festive atmosphere. Activities are athletic as well as cultural.



Boost your life at the University !



We offer two-day to full week intensive courses throughout the year : outdoor activities all over France and artistic or well-being courses in our facilities.

Training courses



Classes



Over 60 activities are offered with a different number of classes per week and for multiple levels of practice. Teachers respond to your specific goals in an atmosphere conducive to effort, recreation and pleasure.

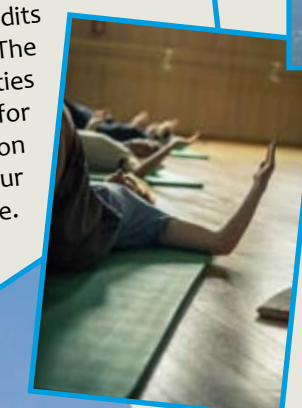
For more information go to our website :

SPORT.UNISTRA.FR



Grades for sports : UE libre

Starting your second year of studies, you can register for an activity for credits and a grade. The list of activities available for this option is on our website.



The Sport Services is a partner of several Bas-Rhin sport teams.

In 2014, the Etoile Noire, the SIG and the BCS offered tickets at reduced student rates for their games.

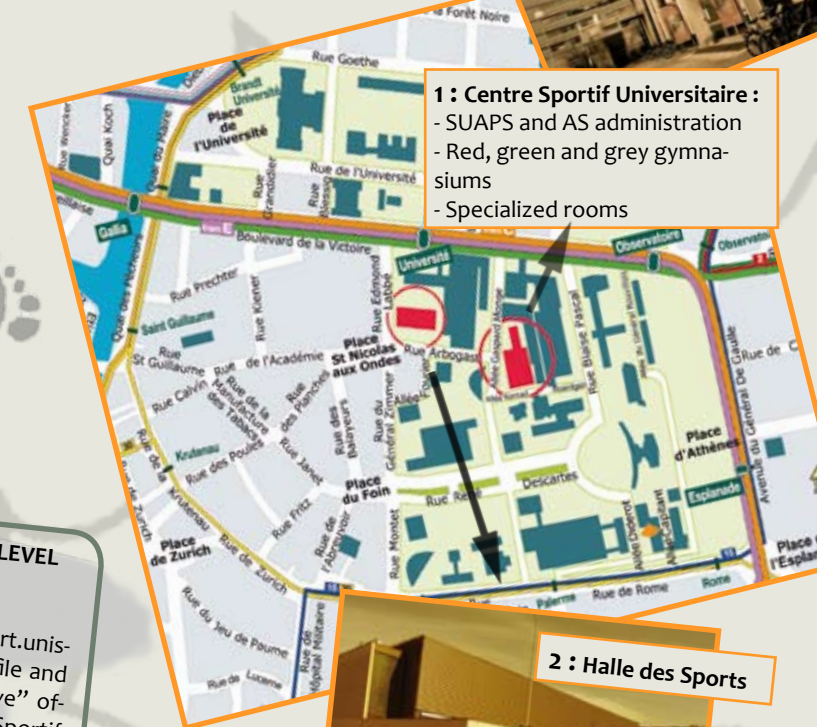
If your schedule is too busy or you wish to practice outside of scheduled activities, use the pass options :

With the racket pass (pass raquettes), you can book a time slot online to play with a partner.

formules pass !



1 : Centre Sportif Universitaire :
- SUAPS and AS administration
- Red, green and grey gymnasiums
- Specialized rooms



2 : Halle des Sports

HOW TO SIGN UP ...

... to SUAPS

- Go to the sport.unistra.fr website, click on "Mon compte" and select your establishment.
- After entering your information, click on "Activités" and select the activity on the list you are interested in.
- Select a time slot by clicking on "Horaires", checking the corresponding box and clicking on "ajouter au panier" (add to basket).
- Check the box regarding your medical fitness and confirm your selection by clicking on "Valider mon panier".

If you have not yet paid for your sports fee, you can do it online or at the sports center's (CSU) front desk.

... to AS UNISTRA

- Enter the "AS Unistra" section of the sport.unistra.fr website and click on "se licencier". Download the sport license form and give it to the "association sportive" office at the sports center (Centre Sportif Universitaire) along with :
- The current subscription fee (with a cheque or in cash)
 - A medical certificate or a photocopy of the team license
 - An ID photo

Your sport license will be valid within 48 hours, allowing you to participate in all competitions.

... to the HIGH PERFORMANCE LEVEL section

Click on "Haut Niveau" on the sport.unistra.fr website. Download the pdf file and bring it to the "association sportive" office at the sports center (Centre Sportif Universitaire).

- Requirements :
- Be on the ministerial list of high level athletes and/or
 - Belong to one of the top three French level teams or rankings.

Z-CARD® Ltd. PTN information to go here

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VISIT OUR WEBSITE TO DISCOVER OUR PRACTICAL SOLUTIONS FOR ALL YOUR PROJECTS :



INTERNET : www.ca-alsace-vosges.fr
« Univers jeunes » section



* Free service excluding internet provider cost. Credit Agricole Alsace Vosges, 1, place de la Gare 47000 Strasbourg - 437 447 531 RCS Strasbourg. Société coopérative à capital variable. Etablissement de crédit. Immatriculée à l'ORIAS sous le n° 07 300 767



Non-exhaustive list of activities :

- Acrobatic gymnastics
- African dance
- Aikido
- Alpine skiing
- Aquagym
- Archery
- Argentine tango
- Athletics
- Badminton
- Basketball
- Boxing
- Canne de combat
- Capoiera
- Choreographed dance
- Classical dance
- Cross-country skiing
- Disc golf
- Feldenkrais relax. (TM)
- Fencing
- Fitness
- Floor hockey
- French boxing
- Golf
- Handball
- Hiking
- Hip-hop
- Horseback riding
- Ice climbing
- Indoor soccer
- Judo
- Juggling
- Katori Shinto Ryu
- Latin dance
- Lindy Hop
- Modern jazz dance
- Mountain biking
- Nordic walking
- Paragliding
- Partner dance
- Pass'port santé
- Rock climbing
- Rowing
- Rugby
- Sailing
- Ski touring
- Snowboarding
- Snowshoeing
- Step fitness
- Swimming
- Table tennis
- Tap dance
- Tennis
- Ultimate
- Ultralight aviation
- Underwater diving
- Volleyball
- Weight training
- Well-being fitness
- Windsurfing
- Zumba fitness (TM)

Special SPORTS SERVICE



Need to exercise ? Need to relax ?
 Indoors, outdoors, in the water, in the air, in the snow...
 Be full of energy thanks to the Sports Service !
 Located at the heart of the campus, the Sports Service offers about sixty different activities for recreation or competition.
 Definitely worth your visit !

Sports help improve your health, well-being and academic success. Go serenely, at your own pace, with the Sport Services.
 Beyond the benefits of physical and athletic activities, you will have the opportunity to share moments of conviviality. It's win-win !



SUAPS

SUAPS is a service of the University of Strasbourg, responsible for organizing sports activities for the students and staff of the university as well as from partner organizations (Centre Collège - CRDP - CROUS - DCS67 - DRJSCS - ENGEES - ENSAS - ENSIIE - ERAGE - ESAD - IFMK - IFSI Robertsau et St Vincent - INSA - ISU - TNS - Université de Syracuse).

SUAPS manages the on-campus sports facilities : the University Sports Center (CSU) and the Sports Hall (Halle des Sports).

AS UNISTRA

The University's Sport Association (Association Sportive) enables you to participate in intramural championships (to represent your department) or at a national level (to represent the University of Strasbourg).

You can also be involved by accompanying teams or helping to organize sporting events.

HAUT NIVEAU

Students who practice their sport at a high performance level can combine their athletic career and their pursuit of a higher education.

With the help of instructors responsible for students in this situation, you can design a tailor-made academic studies program depending on your practice and competition schedule.



Ice climbing next to the white Lake

Chosen by almost 8 students on 10* as student social security in the east of France. Standing by students since 1948.
 *In eastern France